

Open Door, Young People's Consultation Service

Annual Report and financial statements

Year ended 31 March 2020

Charity number 299707

Company number 02270443



Contents

Legal and administrative information	2
Trustees' annual report	3
Independent examiner's report	11
Statement of financial activities	12
Balance sheet	13
Statement of cash flows	14
Notes to the financial statements	15

Legal and administrative information

Board of Trustees	Karen Simmons Dr Irene Weinreb Jacqueline Tefoglou Morley Speed Claire Lindfield Scarlett MccGwire Judith Shuttleworth Janine Sternberg Karen Simmons	Chair – <i>appointed as Chair on 14 October 2020</i> (Chair – <i>resigned 14 October 2020</i>) Treasurer – <i>appointed 14 October 2020</i> (Treasurer – <i>resigned 14 October 2020</i>) <i>appointed 11 September 2019</i> <i>appointed 14 October 2020</i>
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Director Julia Britton

Charity registration no. 299707

Company registration no. 02270443

Registered address 12 Middle Lane
Crouch End
London
N8 8PL

Independent examiner Andy Nash Accounting & Consultancy Ltd
Units 24 & 25, Goodsheds Container Village
Hood Road
Barry, CF62 5QU

Principal bankers Barclays Bank Plc
Crouch End Branch
8 The Broadway
London
N8 9JX

Unity Trust Bank
Nine Brindley Place
Birmingham
B1 2HB

Trustees' annual report

The Board of Trustees, who are also directors of the Charity for the purposes of the Companies Act, and trustees for charity law purposes, submit their annual report and the financial statements of Open Door, Young People's Consultation Service for the year ended 31 March 2020. The Board of Trustees confirms that the annual report and financial statements of the Charity comply with current statutory requirements, including the Charity Act 2011, as well as the requirements of the Charity's governing document and the provisions of the 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Companies Act 2006.

Objectives and activities

Based in Haringey, north London, Open Door was founded in 1976 and incorporated as a registered charity on 21 July 1988 and a company limited by guarantee on 23 June 1988.

Open Door is dedicated to improving the mental health and emotional well-being of young people aged 12-24 in their transition from childhood to adulthood. We aim to reduce the risk of suicide and self-harm and alleviate the effects of abuse, trauma and mental ill health. We aim to help young people feel more in control of their lives, make positive choices, fulfil their potential and prevent social exclusion. We also recognise the need to support parents and carers to better understand their adolescent and young adult children, improve relationships and prevent family breakdown. We aim to provide an inclusive service that works to remedy discrimination on any grounds. Open Door aims to ensure the delivery of effective evidence-based interventions through monitoring, evaluation and research and to contribute to service improvement more widely, including the support of specialist professional trainings in adolescent mental health.

To fulfil our objectives, Open Door undertakes the following activities:

Service provision – Open Door provides a range of psychological therapies to young people aged 12-24 experiencing difficulties including: depression, anxiety, self-harm, sexual abuse and exploitation, bullying and violence, drug and alcohol misuse, problematic internet use and gender identity issues. We also offer specialist support for parents and carers facing the particular challenges of parenting teenagers and young adults.

Research, Evaluation and Dissemination – Open Door undertakes comprehensive evaluation of all its therapeutic interventions as well as specific clinical research projects and disseminates findings in

published papers, media reports and conference presentations.

Engagement in service improvement and training – Open Door actively participates in local and national networks on behalf of its beneficiaries in order to raise awareness of adolescent mental health more widely. Open Door also supports professional trainings in adolescent mental health.

Delivering Public Benefit

Open Door's objectives and activities fully reflect the purposes that the Charity was set up to further.

75% of adult mental-health problems emerge by the age of 25, though many at-risk young people struggle to engage with statutory services which are often experienced as stigmatising and not-in-tune with their developmental needs. Open Door has a vital role to play in meeting the needs of local vulnerable young people aged 12-24 and by intervening early, prevent the continuation of difficulties into adulthood which can have profound and sometimes tragic consequences.

The Trustees have followed the guidance issued by the Charity commission with regard to the public benefit arising from the activities undertaken by Open Door. The Trustees are satisfied that the services provided by Open Door fully meet the principles of public benefit as set out in the Charity Commission Guidance.

Context

Adolescence and the transition to adulthood is a period of massive change and development – biological, cognitive, social and psychological. For some, it is a time of excitement, self-exploration and expectation. For others it can be difficult, disheartening or even overwhelming. Rates of mental distress, eating-disorders, self-harm and suicide are rising amongst teenagers and young adults and there is a growing consensus that we are experiencing a crisis in adolescent mental health and wellbeing. However, a recent report by YoungMinds - shows that only 50% of young people needing help actually receive it. This is not solely due to underfunding in the statutory sector. Young people tell us that they are reluctant to use services they perceive as 'medical' and stigmatising, are difficult to access, do not always provide sufficient confidentiality, and are perceived as narrow and rigid in approach. Another key obstacle to engagement is that 18 is the age at which most young people must transition from child & adolescent to adult mental-health services, described in numerous reports as a 'cliff edge'. Neuroimaging is confirming what many working with young people have known for some time, that adolescence does not end at the age of 18 and that

the adolescent brain continues to develop into the mid-20s.

Drawing on four decades of frontline clinical work, Open Door recognises that young people struggling in their transition to adulthood require bespoke services up to the age of 25 which are in-tune with their developmental needs, can offer a choice of effective therapies within non-stigmatising settings that can be accessed by self-referral. We also recognise the need to extend our reach to the most marginalised and vulnerable young people in areas of deprivation and are continuing to develop our service in Tottenham alongside our more established base in Crouch End.

Our own evidence from many years of clinical practice and evaluation suggests that whilst adolescence and early adulthood are periods of greater vulnerability, they are also periods when significant positive psychological change can occur; and with the right approach, in the right setting, the outcomes and life chances of young people can be significantly enhanced.

Achievements and performance in the year

What do we offer?

Open Door recognises that young people do not all experience emotional difficulties in the same way, nor do they all need or want the same kind of help. We have continued to offer a range of evidence-based interventions addressing mild to severe difficulties and we were able to offer counselling, psychotherapy, CBT (Cognitive Behaviour Therapy), Trauma focussed CBT, Mindfulness, Family Therapy, Specialist Psychotherapy

for young people with special needs and disabilities and parent work.

Therapy was offered on a brief, medium and longer-term basis from a few sessions of crisis work to two years weekly psychotherapy.

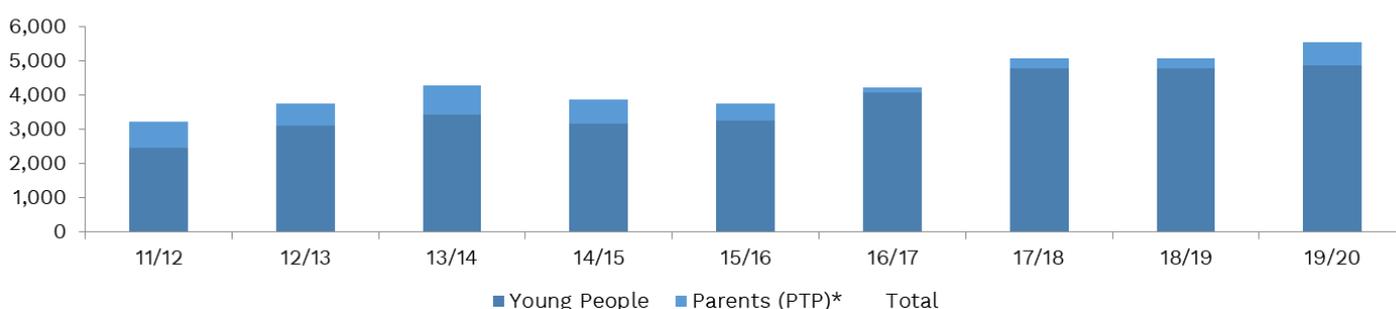
Therapy services were offered Monday-Thursdays 9am to 7pm at our Crouch End and Tottenham services. We also continued to deliver a small secondary school service operating 4 days per week across 2 schools.

Service delivery

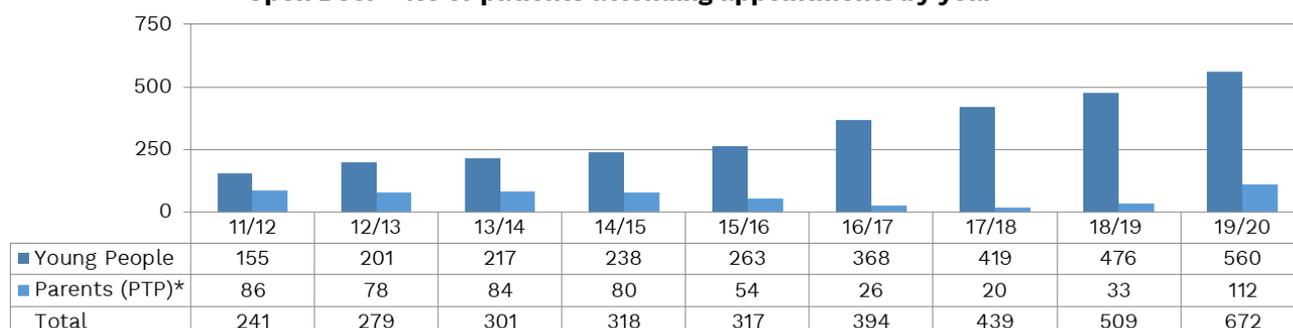
The level of service offered was very strong and we achieved our highest ever level of service in terms of the number of young people and parents we helped and appointments offered.

- 5,548 appointments were offered to 560 young people, and 112 parents, a total of 672 service users. We worked with 17% more young people and 239% more parents/carers than in the previous year. 70% of these young people were under-18 which reflects funding rather than demand.
- 73% of all appointments were attended in the Young People's Service, 83% in the Schools Service and 77% in the Parenting Teenagers Project.

Open Door - appointments offered by year



Open Door - No of patients attending appointments by year



About our service users

Of the 560 young people who attended Open Door, 68% were BAME, our highest ever figure. 50% of young people were from the more deprived east of the borough. Across all services, 37% were male, an increase on previous years, due in part to the success of our schools service and serious youth violence pilot which together are facilitating engagement of hard to reach BAME boys and young men.

Our latest audit showed 94% of young people accessing Open Door presented with low mood/depression and 84% with anxiety (including panic and PTSD). 46% of young people reported having self-harmed, rising to 52% in 18-25-year olds; this has been increasing over recent years and is consistent with widely reported research on rising levels of self-harm particularly in adolescent girls and young women. Family and relationship problems are reported by 82% of service users and anger/aggression by 53%. Around 20% of young people present with one or more disabilities/specific learning difficulty/significant illness.

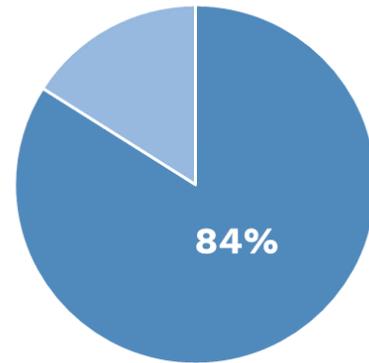
Around 37% of young people had experienced abuse or neglect and 20%, domestic violence. Such adverse childhood experiences put children and young people at significant risk in terms of future mental ill health, substance misuse, conduct and relationship difficulties if not addressed during these crucial years.

Our latest audit showed that around 45% of parents of young people accessing Open Door, and 53% of parents accessing our Parenting Teenagers Project, had 1 or more physical/mental health difficulty and/or misused alcohol or drugs. These figures support the evidence of the impact of these factors on the psychological health and wellbeing of children. What is encouraging is that so many parents come to the service able to talk about these issues.

Outcomes

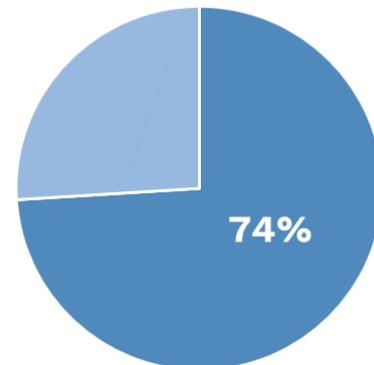
Open Door's therapy services are fully evaluated using therapist assessment, service user feedback and validated clinical outcome measures. Our latest evaluation shows positive outcomes across the service including: 74% of young people experienced an improvement in low mood/depression; there was 75% decrease in self-harm; 74% of young people became more engaged with participation in or seeking education, training and employment. In the Parenting Teenagers Project, 67% of parents reported emotional and behavioural improvement in their teenagers with 94% attributing this to the help they received.

CGAS / GAF: % of YP who improved



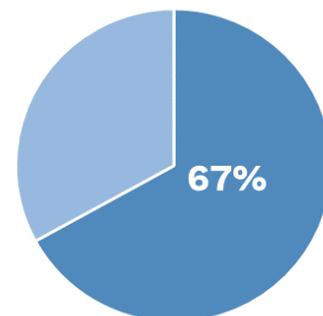
CGAS/GAF measures functioning

CORE - % who improved



CORE measures mood/risk/functioning

Parents/carers reporting emotional/behavioural improvements in their teenagers



As measured by SIPA (Stress Index for parents of adolescents)

Projects:

In addition to our core service, Open Door delivered a number of funded projects during 2019/20:

Open Door Tottenham

Now in its seventh year, our Tottenham service remains central to our strategic and clinical development. We lease two rooms within a grade 2 listed building managed by The Trampery, a social enterprise specialising in shared workspaces across London promoting entrepreneurship, creativity and community development. In 2019/20 we offered 1,062 appointments in the service. Funding from City Bridge Trust helped support our work with c60 young people and 13 parents who were offered around 612 appointments.

Serious Youth Violence Pilot Project

In November 2018 we were awarded a small 2-year grant of £20,000 from the Evening Standard Dispossessed Fund to pilot a therapy project for young people and families affected by serious youth violence. We worked with 25 young people in 2019/20 offering supportive psychotherapy, trauma focussed CBT, EMDR and family work. We also received c£8,000 short-term funding from the Home Office via the London Community Foundation to pilot group work with young people at risk of involvement in serious violence. We devised a football-based intervention – *Finding your Feet* – which was delivered in two secondary schools. We also piloted a *Thinking Space* group in the Octagon Pupil Referral Unit for young people affected by the death of a student caught up in youth violence. We worked with 26 young people in these group pilots. We also received 5-month funding of c£6,000 from the Bridge Renewal Trust as part of a borough wide initiative to support families with young teenagers at risk of involvement in crime, funded by the Ministry for Housing, Communities and Local Government. We delivered parenting interventions to 10 parents.

This pilot project has increased access to our service of BAME boys and young men; 90% of the project users were male; 85% from BAME backgrounds.

We have presented this pilot project to local stakeholders including Haringey NHS CCG and Local Authority Commissioners and have secured £65,000 development funding for 2020/21.

Parenting Teenagers Project

In August 2018, Trustees agreed to allocate £42,000 over 18 months from our large donation towards getting our Parenting Teenagers Project back on track by funding clinical work, training and research.

2019/20 saw a 187% increase in referrals to our Parenting Teenagers project and a 239% in the number of parents seen as compared with the previous year. We offered 675 appointments to 112 parents/carers. We trained 4 additional therapists in our evidence-based

model – the *Open Door Approach to Parenting Teenagers* and 2 additional supervisors. We successfully recruited parents and carers to participate in our research project to test the efficacy of our model.

We have actively promoted the service in the community and to Commissioners. The effectiveness of the resurgent Parenting Teenagers Project and the need for it, has been recognised by our NHS and Local Authority Commissioners and our contracts now include the provision of parent work, regardless of the young person's engagement in services. We are extremely grateful that the donation has enabled us not only to revive the Parenting Teenagers Project but to secure its future on a more sustainable basis.

Open Door Schools Service

We have continued to deliver a secondary school service on a contractual basis in Highgate Wood School, Haringey and Newman Catholic College, Brent. We worked with 74 young people, offering 675 appointments.

Trainees/training

We successfully bid to provide 4-year training placements for a further two NHS funded, ACP accredited Child and Adolescent Psychotherapists in partnership with the Tavistock and Portman NHS Foundation Trust, IPCAPA (Independent Psychoanalytic Child and Adolescent Psychotherapy Association) and Barnet and Enfield Mental Health Trust. We also provided training placements for two Health Education England (HEE) funded Recruit to Train trainees in CBT and Systemic Family Therapy in partnership with UCL and Kings College London both of whom qualified during the year. Our school service in Brent is delivered by trainees from the Tavistock Clinic. Our own clinical team have also benefitted from training in EMDR (a trauma intervention), Mindfulness, reducing parental conflict and the *Open Door Approach to Parenting Teenagers* as well as regular clinical supervision and team meetings.

Volunteers

Over the year, two volunteer therapists contributed to our clinical service. We had further voluntary input to the non-clinical aspects of the service including research, data inputting, management and design for which we are extremely grateful.

Research and publication

In June 2019 we presented a paper about our work with young people at the Annual Conference of the ACP (Association of Child & Adolescent Psychotherapists) in Glasgow. Our research paper analysing 10 years of data from the *Open Door Approach to Parenting Teenagers* intervention was completed and circulated to peer review journals.

Partnerships and Collaborations

In addition to our training partnerships, Open Door recognises the importance of participating in and developing networks in order to ensure that the mental health needs of young people continue to be represented in service development in the statutory and voluntary sectors. We are members of numerous adolescent and family networks including young people's mental health, youth crime, disability, parenting and suicide prevention. During 2019/20, Open Door remained a central member of the CAMHS Transformation Expert Reference Group, the CAMHS Transformation Board and participated in specific policy groups on issues including transitions from adolescent to adult services, crisis care, SEND and sexual abuse and exploitation. Open Door was a partner in Haringey's successful bid to become a national Trailblazer pilot site for both School Mental Health Teams and the 4 week-waiting time initiative which has brought significant additional resources into the borough and to Open Door.

As part of our involvement in the national 4 week-waiting time initiative, Open Door had to participate in a Diagnostic Review of Child and Young People's Mental Health Services in Haringey, undertaken by NHS England and NHS Improvement. Open Door emerged very favourably from this intensive scrutiny with commendations for our outcome driven and evidence-based clinical practice; service-user involvement; our culture of learning and research; our compassion for each other and the young people and families with whom we work and for our clear vision and sense of direction. The Review was widely circulated in local and national commissioning networks and its recommendation that '*longer-term funding certainty of Open Door should be secured*' was significant in our being able to leverage in additional NHS funding in 2019/20 and 2020/21.

Key Challenges:

Managing demand

Meeting demand remained the biggest challenge facing us this year. The number of new referrals across the service was up – 5% in the Young People's Service; 15% in the Schools Service; 178% in the Parenting Teenagers Project; in all, 447 young people, parents and carers.

The waiting list seldom dropped below 140. Sadly, we continued to close the waiting list to young people aged 23-24. Whilst the waiting time from referral to initial assessment decreased to an average of 6 weeks, the waits for non-urgent treatment remained long – between an average of 26 and 37 weeks depending on age.

As part of our involvement in the national NHS 4-Week Waiting Time pilot we undertook a 'demand and capacity analysis' using the System Dynamic Modelling Tool (now known as 'Crest'). This showed the need for up to 4.15 additional FTEs (full-time equivalents) across the age range (12-24) to clear the waiting list and achieve our ambition of a waiting time of 4 weeks to assessment and 6 weeks from assessment to treatment. We were able to use this modelling, together with our positive NHS England Diagnostic Review, to secure additional resources to tackle our waiting times. At the end of the year, Haringey NHS CCG awarded us additional £120,000 recurrent funding for under-18s and parents and an additional one-off payment of £65,000 towards waiting list clearance of under-18s. This will be spent in 2020/21 and enable us to grow our therapy team by 2 FTEs on an initial fixed-term basis. In our 2020/21 budget Trustees also agreed to use a proportion of the big donation to fund 1.5 FTE equivalent clinical posts for two years to tackle the long waits of our 18-25-year olds as well as a 0.5 clinical administrator.

This ambitious service expansion will be rolled out in 2020/21.

Covid-19

The year drew to an end just as the pandemic was advancing towards us. We moved to remote working on March 19th without any interruption to the clinical service. Therapy has been offered by video, phone and text governed by robust clinical, risk, safeguarding and data protection protocols. North Central London (NCL) CCG agreed to fund 11 laptops to increase our capacity for remote working. More recently we have undertaken risk assessments of our premises, made adaptations, established protocols around hygiene and social distancing to ensure that we can offer face-to-face work with young people and parents who are not able to access or make use of remote therapy. Looking ahead we anticipate that we will continue to offer the option of video/phone sessions as well as face-to-face therapy and that staff will work flexibly between our service bases and home as appropriate.

Fundraising/donations:

In May, Open Door staff, volunteers, trainees and supporters took part in the 10-mile 'Walking out of Darkness' sponsored walk organised by the suicide prevention charity - Clasp.

In June, a local supporter organised a fundraising evening at Nest - her sewing shop and craft centre. Food writer and tv presenter James McIntosh attended to promote his book *Knit and Nibble* and to talk about his own experience of mental ill health and how knitting helped him towards recovery.

The following month we were the nominated charity for the local Bowes Park Community Choir for the second time. Their summer concert raised almost £900 for our work with young people.

We are extremely grateful to our local community fundraisers.

A very generous donation of £198,000 was awarded to Open Door in May 2018. The donor, who wishes to remain anonymous, stipulated that the money be spent within a maximum time frame of 5 years and that it be used to directly benefit the young people, parents and carers who access Open Door. Of this total amount, £28,503 was committed during the year adding to the £13,497 in 2018/19 to support the continuation of the service provided to parents. The remaining amount was placed into a designated fund to support development of the service. A further £127,637 has been committed to create additional clinical capacity in the young adult service (18-24-year olds) in 2020/21 and 2021/22.

The donor recognises that there may be indirect costs associated with building clinical capacity and organisational sustainability and recognises that it is for Open Door to make this judgement within the spirit of the gift, that it is used to give the maximum help it can to young people through increasing access to therapy. The terms of the donation make clear that this should exclude spending on upgrading computer systems.

"I would absolutely recommend Open Door to my friends and family. It is a shame that there are not more services like this that are free of charge and don't offer you just a few sessions".

"I felt like I was treated as an individual and not just another "number". Felt like I could trust the therapist and that she really cared for my wellbeing and how I was improving day to day. Excellent service, a really useful support."

"I valued the relaxed, friendly and 'normal' atmosphere created by the staff. I have appreciated not being made to feel like there is something wrong about being here or needing this type of support and guidance to be more stable in moving on with life. Thank you"

"The service is amazing. It's helped me so much to get to where I am now".

"...thank you to Open Door and to the therapist for the support which they have given not just to our son but also to me and his mum, it has made our family a lot stronger and also has taught us to be more open as parents".

Feedback from our service users

All young people complete a validated Experience of Service Questionnaire (CHI-ESQ) at the end of treatment.

- 94% agreed that the help they received was good
- 99% felt listened to
- 100% felt they were treated well
- 96% would recommend the service to a friend

Structure, governance and management

Open Door is registered under the Companies Act 2006 as a company limited by guarantee and not having a share capital.

Open Door is a registered charity constituted as a Limited Company under its Memorandum and Articles of Association. The charity registration number is 299707 (England and Wales) and the company registration number is 02270443 (England and Wales).

Organisational Structure

Open Door's Board of Trustees meets 4 times per year and is responsible for the strategic direction and policy of the Charity, as well as oversight of the Charity's operations.

Board sub-committees are set up as required to consider specific issues. The day to day running of the Charity is delegated to the Chief Executive who is supported with a FTE of 10.3 who report to the CEO. The CEO in turn reports to the Chair of Trustees.

Selection and appointment of Trustees

As set out in the Articles of Association, the Chair of Trustees is nominated at the Annual General Meeting.

The Trustees are directors of Open Door for the purpose of company law. Open Door Articles of Association require a minimum of 5 Trustees. Trustees meet at least 4 times per year with a quorum of three trustees.

Trustees who have served for more than three consecutive years in office must stand for re-appointment. Trustees can serve up to a maximum of three consecutive terms before they must stand down for at least 12 months before being eligible to stand for office again.

The objective is to have a range of appropriate skillsets across fields that are relevant to the Charity's objectives. When recruiting new trustees, consideration is given to the existing trustees' skills and experiences and trustees are sought with the additional skills required. Their appointment is by resolution of the Board of Directors/Trustees following which the required legal documentation is completed.

Trustee Induction and Training

On their appointment, new Trustees are provided with information, in the form of an induction pack, on their role as a Trustee. Ongoing training is provided as required.

Risk management

The Trustees have conducted their own review of the major risks to which the Charity is exposed, and systems have been established to mitigate those risks.

The main risks identified by the Trustees are currently:

The Charity needs to strengthen all aspects of the operational side of the organisation, particularly financial management, to provide a viable and sustainable foundation for effective functioning and future development.

The Trustees and CEO agreed a re-structure of the operations/support structure. The appointment of an Operations Manager during the year did not prove successful and at the time of writing, a re-recruitment is underway.

Whilst the quality of our data has been widely commended, our informatics infrastructure needs modernisation. During the year we successfully upgraded our IT system and appointed an IT company for the first time. We now need to upgrade our data collection, analysis and visualisation if we are to maintain our high standards and meet our contractual obligations.

An urgent review has begun and the roll-out of our new systems is scheduled for April 2021.

The Covid-19 pandemic presents a major potential risk to the Charity. We must continue to adapt to remain a relevant and effective organisation able to offer our services directly and remotely and to maintain a high profile in a changing environment.

The Trustees and CEO agreed to engage a bid-writer to work with the CEO on identifying funding streams for agreed priorities including: increasing remote IT capacity; website development and branding refresh; building adaptations to ensure safe working and service delivery and to grow clinical capacity to meet the anticipated surge in young people seeking help for their mental health and wellbeing.

Financial results

During the current financial year the Charity achieved a surplus of £74,506 (2019: surplus of £287,145). This resulted in total reserves increasing in the year to £824,464 (2019: £749,958).

The Trustees are satisfied with the financial performance of the Charity throughout the year.

Of the total reserves held at year end £638,249 (2019: £454,981) were unrestricted as to use, although only £301,327 (2019: £108,953) was available as general funds as a result of designations made to cover the net book value of fixed assets and to cover future development of the service.

Reserves policy

The Trustees have set a reserves policy that the Charity should hold a minimum unrestricted general reserve equivalent to three months salary and overhead expenditure - approximately £140,000. The current level of £301,327 is safely above this level, but not deemed to be excessive as it will be utilised in the next year to increase capacity.

Statement of board of trustees' responsibilities

The Trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and regulations. Company law requires the trustees to prepare financial statements for each financial year. Under that law they are required to prepare the financial statements in accordance with UK Accounting Standards and applicable law (UK Generally Accepted Accounting Practice), including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland.

Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the excess of income over expenditure for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue its activities.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They have general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the charitable company and to prevent and detect fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions. In addition, the trustees confirm that they are happy that content of the annual review in pages 3 to 10 of this document meet the requirements of both the Trustees' Annual Report under charity law and the Directors' Report under company law.

They also confirm that the financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice

applicable to charities preparing their accounts in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland published on 16 July 2014.

Preparation of the report

This report has been prepared taking advantage of the small companies' exemption of section 415A of the Companies Act 2006, and the exemptions available for smaller charities under the Statement of Recommended Practice.

This report was approved and authorised for issue by the Board of Trustees on 18 December 2020 and signed on its behalf by:

Karen Simmons

Karen Simmons

Chair

Independent examiner's report to the board of trustees of Open Door, Young People's Consultation Service

I report to the Trustees on my examination of the accounts of Open Door, Young People's Consultation Service (charity number 299707, company number 02270443) for the year ended 31 March 2020 which are set out on pages 12 to 25.

Respective responsibilities of trustees and examiner

The Trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act'). The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 ('the 2011 Act') nor under Part 16 of the 2006 Act, and that an independent examination is needed.

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and,
- to state whether particular matters have come to my attention.

This report, including my statement, has been prepared for and only for the Charity's Trustees as a body. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body for my examination work, for this report, or for the statements I have made.

Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the Trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report

is limited to those matters set out in the statement below.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England & Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or,
2. the accounts do not accord with those records; or,
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or,
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Andrew Philip Nash ACA

Member of the Institute of Chartered Accountants in England and Wales – 2461833

Dated: 21 December 2020

Andy Nash Accounting & Consultancy Ltd
Units 24 & 25, Goodsheds Container Village
Hood Road
Barry, CF62 5QU

Statement of financial activities

Incorporating the Income & Expenditure Account and the Statement of Recognised Gains & Losses For the year ended 31 March 2020

	Notes	Unrestricted funds Year ended 31 Mar 2020 £	Restricted funds Year ended 31 Mar 2020 £	Total funds Year ended 31 Mar 2020 £	Total funds Year ended 31 Mar 2019 £
Income from:					
Donations and legacies	2	6,036	69,787	75,823	245,707
Charitable activities	3	583,235	-	583,235	484,395
Investments		1,087	-	1,087	1,041
Total income		590,358	69,787	660,145	731,143
Expenditure on:					
Charitable activities					
Psychotherapy services	4	407,090	178,549	585,639	443,998
Total expenditure		407,090	178,549	585,639	443,998
Net income/(expenditure)		183,268	(108,762)	74,506	287,145
Transfer between funds	9	-	-	-	-
Net movement in funds		183,268	(108,762)	74,506	287,145
Reconciliation of funds:					
Total funds brought forward	9 & 10	454,981	294,977	749,958	462,813
Total funds carried forward	9 & 10	638,249	186,215	824,464	749,958

The notes on pages 15 to 25 form part of the financial statements.

Balance sheet**As at 31 March 2020**

	Notes	£	Total funds 31 Mar 2020 £	Total funds 31 Mar 2019 £
Fixed assets:				
Tangible assets	6		328,474	309,078
Current assets:				
Debtors & prepayments	7	15,240		128,538
Cash at bank and in hand		544,898		389,397
			560,138	517,935
Liabilities:				
Creditors: amounts falling due within one year	8	(64,148)		(77,055)
Net current assets/(liabilities)			495,990	440,880
Net assets/(liabilities)			824,464	749,958
The funds of the charity:				
Restricted funds	9 & 10		186,215	294,977
Unrestricted funds				
General funds	9 & 10	301,327		108,953
Designated funds	9 & 10	336,922		346,028
Unrestricted funds			638,249	454,981
Total charity funds			824,464	749,958

The notes on pages 15 to 25 form part of the financial statements.

The financial statements have been prepared in accordance with section 415A of the Companies Act 2006 relating to small companies and FRS 102 Section 1A.

The charitable company is entitled to exemption from audit under section 477 of the Companies Act 2006 for the year ended 31 March 2020, and the members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2020 under section 476 of the Companies Act 2006.

Karen Simmons

Karen Simmons

Chair

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of the accounts.

They were approved and authorised for issue by the Board of Trustees on 18 December 2020 and signed on their behalf by:

Statement of cash flows
For the year ended 31 March 2020

	Total Funds Year ended 31 Mar 2020 £	<i>Total Funds Year ended 31 Mar 2019 £</i>
Cash flows from operating activities:		
Net income/(expenditure) for period (as per SOFA)	74,506	287,145
Adjustments for:		
Depreciation charges	3,226	1,965
Loss on disposal of fixed assets	3,621	-
(Increase)/decrease in accounts receivables	113,670	(85,096)
(Increase)/decrease in accrued grant income	-	11,750
(Increase)/decrease in prepayments	(454)	(320)
(Increase)/decrease in other debtors	82	(82)
Increase/(decrease) in accounts payables	(10,543)	10,776
Increase/(decrease) in accruals	(15)	(8,392)
Increase/(decrease) in deferred income	(3,992)	(73,142)
Increase/(decrease) in HMRC payable	881	660
Increase/(decrease) in pension payable	762	624
	107,238	(141,257)
Net cash used in operating activities	181,744	145,888
Cash flows from investing activities:		
Purchase of fixed assets	(26,243)	(1,320)
Disposals of fixed asset investments	-	-
Net cash used in investing activities	(26,243)	(1,320)
Net cash used in financing activities	-	-
Change in cash and cash equivalents in period	155,501	144,568
Cash and cash equivalents at the beginning of the period	389,397	244,829
Cash and cash equivalents at the end of the period	544,898	389,397

The notes on pages 15 to 25 form part of the financial statements.

Notes to the financial statements

1. Accounting policies

Basis of preparation of the financial statements

The financial statements have been prepared in accordance with 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The effect of any event relating to the period ended 31 March 2020, which occurred before the date of approval of the financial statements by the Board of Trustees, has been included in the financial statements to the extent required to show a true and fair view of the state of affairs at 31 March 2020 and the results for the year ended on that date.

The functional currency of the Charity is sterling and amounts in the financial statements are rounded to the nearest pound.

Going concern

The financial statements have been prepared on the going concern basis as the Board of Trustees is confident that future reserves and future income is more than sufficient to meet current commitments. There are no material uncertainties that impact this assessment and COVID-19 has had no material impact on this assessment.

Legal status

Open Door, Young People's Consultation Service is a charitable company registered in England & Wales and meets the definition of a public benefit entity. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £1 per member. The registered address is 12 Middle Lane, Crouch End, London, N8 8PL.

Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds that are to be used in accordance with specific restrictions imposed by donors or that have been raised by the Charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in note 9 of the financial statements.

Income

Income is recognised when the Charity has entitlement to the funds, any performance indicators attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Donations are recognised in full in the Statement of Financial Activities when entitled, receipt is probable and when the amount can be quantified with reasonable accuracy. Gift aid receivable is included when claimable.

Grant income is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless the grant relates to a future period, in which case it is deferred.

Income from charitable activities, including contract income and client fees, is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless it relates to a specific future period or event, in which case it is deferred.

Expenditure and irrecoverable VAT

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities.

Indirect costs, including governance costs, which cannot be directly attributed to activities, are allocated proportionate to total direct costs allocated to each project area, as outlined in note 4 of the financial statements.

Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

Tangible fixed assets and depreciation

All assets costing more than £500 are capitalised.

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their residual value, over their useful life, on the following basis:

Computers & fittings	4 years
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Freehold property is not depreciated.

Cash at bank and in hand

Cash at bank and in hand includes cash in hand, deposits with banks and funds that are readily convertible into cash at, or close to, their carrying values but are not held for investment purposes.

Debtors and prepayments

Trade and other debtors are recognised at the settlement amount after any trade discount is applied. Prepayments are valued at the amount prepaid net of any trade discounts due.

Creditors and accruals

Creditors are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party, and the amount due to settle the obligation can be measured or estimated reliably.

Critical estimates and judgements

In preparing financial statements it is necessary to make certain judgements, estimates and assumptions that affect the amounts recognised in the financial statements. The annual depreciation charge for tangible fixed assets is sensitive to changes in useful economic lives and residual values of assets. In the view of the Trustees in applying the accounting policies

adopted, no judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

Financial instruments

Basic financial instruments are measured at amortised cost other than investments which are measured at fair value.

Pensions

The Charity operates a defined contribution pension scheme which is administered by an external independent pension provider. Contributions are recognised in the Statement of Financial Activities as they fall due.

2. Income from donations and legacies

	Unrestricted funds	Restricted funds	Total funds
	Year ended	Year ended	Year ended
	31 Mar 2020	31 Mar 2020	31 Mar 2020
	£	£	£
Grants			
City Bridge Trust	-	47,075	47,075
Euromonitor International	-	4,167	4,167
London Community Foundation	-	18,545	18,545
	<hr/>	<hr/>	<hr/>
Grants	-	69,787	69,787
Donations	6,036	-	6,036
	<hr/>	<hr/>	<hr/>
	6,036	69,787	75,823
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
	<i>Unrestricted funds</i>	<i>Restricted funds</i>	<i>Total funds</i>
	<i>Year ended</i>	<i>Year ended</i>	<i>Year ended</i>
	<i>31 Mar 2019</i>	<i>31 Mar 2019</i>	<i>31 Mar 2019</i>
	£	£	£
Grants			
BBC Children in Need	-	<i>6,867</i>	<i>6,867</i>
City Bridge Trust	-	<i>11,725</i>	<i>11,725</i>
Euromonitor International	-	<i>10,000</i>	<i>10,000</i>
London Community Foundation	-	<i>3,000</i>	<i>3,000</i>
	<hr/>	<hr/>	<hr/>
Grants	-	<i>31,592</i>	<i>31,592</i>
Donations	<i>202,115</i>	-	<i>202,115</i>
Donations in kind	<i>12,000</i>	-	<i>12,000</i>
	<hr/>	<hr/>	<hr/>
	<i>214,115</i>	<i>31,592</i>	<i>245,707</i>
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

Donations in kind relates to £12,000 of freelance time provided for the continuation of the parent support work.

3. Income from charitable activities

	Unrestricted funds	Restricted funds	Total funds
	Year ended 31 Mar 2020	Year ended 31 Mar 2020	Year ended 31 Mar 2020
	£	£	£
Grants and contracts with statutory bodies			
Health Education England	34,684	-	34,684
NHS Haringey CCG/Haringey Council	474,473	-	474,473
Grants and contracts with statutory bodies	509,157	-	509,157
Grants and contracts with non-statutory bodies	46,725	-	46,725
Charges and fees	27,353	-	27,353
	583,235	-	583,235

Following conversations with the independent examiner and a review of sections 5.39 to 5.40 of the SORP, as well as a review of the terms of funding, the Charity has reviewed its treatment of the contracts

with statutory bodies and presented them as unrestricted income moving forward. In prior years this was treated as restricted income.

	<i>Unrestricted funds</i>	<i>Restricted funds</i>	<i>Total funds</i>
	<i>Year ended 31 Mar 2019</i>	<i>Year ended 31 Mar 2019</i>	<i>Year ended 31 Mar 2019</i>
	£	£	£
Grants and contracts with statutory bodies			
Health Education England	-	59,229	59,229
NHS Haringey CCG/Haringey Council	-	360,587	360,587
Grants and contracts with statutory bodies	-	419,816	419,816
Grants and contracts with non-statutory bodies	42,135	-	42,135
Charges and fees	22,213	-	22,213
Client contributions	231	-	231
	64,579	419,816	484,395

4. Total expenditure

	Unrestricted funds Year ended 31 Mar 2020 £	Restricted funds Year ended 31 Mar 2020 £	Total funds Year ended 31 Mar 2020 £
Salaries	315,906	138,558	454,464
Freelancers and other direct service costs	18,904	8,291	27,195
Other staff costs	2,434	1,068	3,502
Premises costs	15,345	6,731	22,076
Administrative costs	10,451	4,582	15,033
IT and other professional services	34,794	15,260	50,054
Governance costs	9,256	4,059	13,315
	407,090	178,549	585,639

	<i>Unrestricted funds Year ended 31 Mar 2019 £</i>	<i>Restricted funds Year ended 31 Mar 2019 £</i>	<i>Total funds Year ended 31 Mar 2019 £</i>
Salaries	69,907	276,497	346,404
Freelancers and other direct service costs	8,452	33,430	41,882
Other staff costs	1,064	4,208	5,272
Premises costs	4,039	15,973	20,012
Administrative costs	2,455	9,711	12,166
IT and other professional services	2,112	8,355	10,467
Governance costs	1,573	6,222	7,795
	89,602	354,396	443,998

An analysis of staff costs can be found in note 5.

Governance costs comprise of the following expenses:

	Total funds Year ended 31 Mar 2020 £	<i>Total funds Year ended 31 Mar 2019 £</i>
Insurance	4,032	3,155
Independent examination	2,016	2,016
Depreciation	3,226	1,965
Loss on write off of fixed assets	3,621	-
Trustee meeting expenses	-	286
Other	420	373
	13,315	7,795

5. Staff costs

	Total funds	<i>Total funds</i>
	Year ended	<i>Year ended</i>
	31 Mar 2020	<i>31 Mar 2019</i>
	£	£
Gross salaries	409,945	<i>320,595</i>
Employer's NIC	33,098	<i>22,004</i>
Employer's pension	11,421	<i>3,805</i>
	454,464	<i>346,404</i>

The average headcount during the period was 18 persons (2019: 18 persons).

One employee received employee benefits of between £60,000 and £69,999 (2019: 1 employee).

The total employee benefits paid to key management personnel during the year was £79,497 (2019: £69,033).

6. Tangible fixed assets

	Freehold property	Computer equipment	Fixtures & fittings	Total
	£	£	£	£
Cost				
At 1 April 2019	305,457	19,639	45,487	370,583
Additions in the year		26,243	-	26,243
Disposals in year	-	(19,639)	(45,487)	(65,126)
At 31 March 2020	305,457	26,243	-	331,700
Accumulated depreciation				
At 1 April 2019	-	17,456	44,049	61,505
Charge for the year		3,226	-	3,226
Disposals in year	-	(17,456)	(44,049)	(61,505)
At 31 March 2020	-	3,226	-	3,226
Net book value				
At 1 April 2019	305,457	2,183	1,438	309,078
At 31 March 2020	305,457	23,017	-	328,474

7. Debtors and prepayments

	Total funds	<i>Total funds</i>
	Year ended	<i>Year ended</i>
	31 Mar 2020	<i>31 Mar 2019</i>
	£	£
Accounts receivable	14,170	<i>127,840</i>
Prepayments	1,070	<i>616</i>
Other debtors	-	<i>82</i>
	15,240	<i>128,538</i>

8. Creditors – amounts falling due within one year

	Total funds Year ended 31 Mar 2020	<i>Total funds Year ended 31 Mar 2019</i>
	£	£
Accounts payable	15,911	26,454
Accruals	15,064	15,079
Deferred income	21,900	25,892
HMRC payable	9,118	8,237
Pension payable	2,155	1,393
	<u>64,148</u>	<u>77,055</u>

Deferred revenue consists of:

	Total funds Year ended 31 Mar 2020	<i>Total funds Year ended 31 Mar 2019</i>
	£	£
Brought forward at 1 April 2019	25,892	99,034
Released in year	(25,892)	(99,034)
Deferred in year	21,900	25,892
Carried forward at 31 March 2020	<u>21,900</u>	<u>25,892</u>

9. Analysis of charity funds

	Balance brought forward Year ended 31 Mar 2020 £	Income for the period Year ended 31 Mar 2020 £	Expenditure in the period Year ended 31 Mar 2020 £	Transfers between funds Year ended 31 Mar 2020 £	Balance carried forward Year ended 31 Mar 2020 £
Unrestricted funds					
Designated funds					
Capital - equipment	3,620	-	(3,226)	22,623	23,017
Capital - buildings	140,242	-	-	-	140,242
Property maintenance reserve	17,250	-	-	-	17,250
Development of the service	156,413	-	-	-	156,413
Parent support service continuation	28,503	-	(28,503)	-	-
Designated funds	346,028	-	(31,729)	22,623	336,922
General fund	108,953	590,358	(375,361)	(22,623)	301,327
Unrestricted funds	454,981	590,358	(407,090)	-	638,249
Restricted funds					
Capital - buildings	165,215	-	-	-	165,215
Parent peer support	11,000	-	-	-	11,000
Young People - core services	12,513	-	(12,513)	-	-
Triple Track Treatment Project 2	10,000	-	-	-	10,000
Open Door Tottenham	-	4,167	(4,167)	-	-
Tottenham 2 (City Bridge Trust)	-	47,075	(47,075)	-	-
Recruit to Train (HEE)	2,384	-	(2,384)	-	-
Waiting Time initiative/pilots	83,612	-	(83,612)	-	-
Trailblazers	10,253	-	(10,253)	-	-
Youth Violence	-	10,000	(10,000)	-	-
Home Office	-	8,545	(8,545)	-	-
Restricted funds	294,977	69,787	(178,549)	-	186,215
Total funds	749,958	660,145	(585,639)	-	824,464

Capital – equipment and buildings

To assist in calculation of the available reserves, and due to the large balance of assets on the balance sheet, the Trustees have set aside the net book value of the fixed assets within a designated fund.

There is also a restricted fund balance for the buildings as a result of funding received to significant building improvements including an extension in prior periods.

Property maintenance reserve

This reserve was created in 2013/14 with the intention of increasing the amount over the forthcoming years to make sure the Charity has sufficient reserves for internal and external redecoration in the short term, and replacement of roof, windows, central heating and other significant repairs in the long term.

Development of the service

A very generous donation of £198,000 was awarded to Open Door in May 2018. The donor, who wishes to remain anonymous, stipulated that the money be spent within a maximum time frame of 3-5 years and that it be used to directly benefit the young people, parents and carers who access Open Door. The Trustees have prudently set this aside as a designated fund for development of the service over the next few years, although £42,000 of this was transferred in the prior year to support the parent support service over the 18 months from September 2018.

Parent support service continuation

As noted above, £42,000 of the large donation was transferred in the prior period to support the continuation of the parent support service over the 18 months from September 2018.

Parent peer support

This is funding received from three smaller grants to help establish parent peer support as part of the wider work with parents.

Young People – core services

This is funding for our service for Haringey residents aged 18 and under, and is provided under a contract with NHS Haringey CCG. This also includes funding for our core over-18 service for Haringey young adults with significant needs and is joint funded by Haringey Council (Adult and Community Services). This grant also includes a contribution to the development of Open Door Tottenham.

As noted in note 3 above, following conversations with the independent examiner and a review of sections 5.39 to 5.40 of the SORP, as well as a review of the terms of funding, the Charity has reviewed its treatment of the contracts with statutory bodies and presented them as unrestricted income moving forward. In prior years this was treated as restricted income.

Triple Track Treatment Project

This is a multi-year project funded by Comic Relief that has now ended working with depressed 16-24 year olds at risk of social exclusion.

Open Door Tottenham

This is funding received from Euromonitor to support development of the service in Tottenham.

Tottenham 2/Open Door Tottenham

This is funding from City Bridge Trust to develop the clinical service for young people aged 12 – 24 in Tottenham.

Recruit to Train

This is funding to support two Health Education England (HEE) CYP-IAPT training posts in CBT and Family Therapy lasting two years from Jan 2018 to Dec 2019.

As noted in note 3 above, following conversations with the independent examiner and a review of sections 5.39 to 5.40 of the SORP, as well as a review of the terms of funding, the Charity has reviewed its treatment of the contracts with statutory bodies and presented

them as unrestricted income moving forward. In prior years this was treated as restricted income.

Waiting Time initiatives

This is funding received from Haringey NHS CCG to reduce waiting times.

As noted in note 3 above, following conversations with the independent examiner and a review of sections 5.39 to 5.40 of the SORP, as well as a review of the terms of funding, the Charity has reviewed its treatment of the contracts with statutory bodies and presented them as unrestricted income moving forward. In prior years this was treated as restricted income.

Trailblazers

This is funding from NHS Haringey CCG for three years from January 2019 to June 2021 as part of a national pilot to reduce waiting times in children and young people's mental health services.

As noted in note 3 above, following conversations with the independent examiner and a review of sections 5.39 to 5.40 of the SORP, as well as a review of the terms of funding, the Charity has reviewed its treatment of the contracts with statutory bodies and presented them as unrestricted income moving forward. In prior years this was treated as restricted income.

Youth Violence

This is a small 2-year grant from the Evening Standard Dispossessed Fund Saving London Lives to pilot a therapy project for young people and families affected by serious youth violence. We aim to work with 34 young people each year and their parents/carers as appropriate.

Home Office

This is a small grant from the Bridge Renewal Trust as part of a Haringey wide project funded by the Ministry for Housing, Communities and Local Government. The funding ran from November 2019 to March 2020 and was to work with parents of young people aged 12-15 at risk of involvement with crime and youth violence.

	<i>Balance brought forward Year ended 31 Mar 2019 £</i>	<i>Income for the period Year ended 31 Mar 2019 £</i>	<i>Expenditure in the period Year ended 31 Mar 2019 £</i>	<i>Transfers between funds Year ended 31 Mar 2019 £</i>	<i>Balance carried forward Year ended 31 Mar 2019 £</i>
Unrestricted funds					
Designated funds					
Capital - equipment	4,266	-	(1,965)	1,319	3,620
Capital - buildings	140,242	-	-	-	140,242
YPS	28,500	-	(28,500)	-	-
Property maintenance reserve	14,250	-	-	3,000	17,250
Development of the service	-	-	-	156,413	156,413
Parent support service continuation	-	-	(13,497)	42,000	28,503
	<u>187,258</u>	<u>-</u>	<u>(43,962)</u>	<u>202,732</u>	<u>346,028</u>
General fund	78,270	279,735	(45,640)	(203,412)	108,953
Unrestricted funds	<u>265,528</u>	<u>279,735</u>	<u>(89,602)</u>	<u>(680)</u>	<u>454,981</u>
Restricted funds					
Capital - buildings	165,215	-	-	-	165,215
Parent peer support	10,320	-	-	680	11,000
Young People - core services	-	173,467	(160,954)	-	12,513
Improving Access for Young People with Disabilities 2	-	6,867	(6,867)	-	-
Triple Track Treatment Project 2	10,000	-	-	-	10,000
Open Door Tottenham	-	10,000	(10,000)	-	-
Tottenham 2 (City Bridge Trust)	11,750	11,725	(23,475)	-	-
Recruit to Train (HEE)	-	59,229	(56,845)	-	2,384
Waiting Time initiative/pilots	-	160,500	(76,888)	-	83,612
Trailblazers	-	26,620	(16,367)	-	10,253
Youth Violence	-	3,000	(3,000)	-	-
Restricted funds	<u>197,285</u>	<u>451,408</u>	<u>(354,396)</u>	<u>680</u>	<u>294,977</u>
Total funds	<u>462,813</u>	<u>731,143</u>	<u>(443,998)</u>	<u>-</u>	<u>749,958</u>

YPS

In previous years the Trustees set aside £28,500 to assist with the YPS in future years – this was transferred back to general funds in the prior year.

Improving Access for Young People with Disabilities

This is a multi year project funded by BBC Children in Need that has now ended to improve access for young people with disabilities.

10. Analysis of net assets

	Unrestricted funds	Restricted funds	Total funds
	Year ended	Year ended	Year ended
	31 Mar 2020	31 Mar 2020	31 Mar 2020
	£	£	£
Fixed assets	163,259	165,215	328,474
Current assets	517,238	42,900	560,138
Current liabilities	(42,248)	(21,900)	(64,148)
	<u>638,249</u>	<u>186,215</u>	<u>824,464</u>
	<i>Unrestricted funds</i>	<i>Restricted funds</i>	<i>Total funds</i>
	<i>Year ended</i>	<i>Year ended</i>	<i>Year ended</i>
	<i>31 Mar 2019</i>	<i>31 Mar 2019</i>	<i>31 Mar 2019</i>
	<i>£</i>	<i>£</i>	<i>£</i>
Fixed assets	<i>143,863</i>	<i>165,215</i>	<i>309,078</i>
Current assets	<i>289,139</i>	<i>228,796</i>	<i>517,935</i>
Current liabilities	<i>21,979</i>	<i>(99,034)</i>	<i>(77,055)</i>
	<i><u>454,981</u></i>	<i><u>294,977</u></i>	<i><u>749,958</u></i>

11. Trustee remuneration

During the year, no trustee received any remuneration (2019: £Nil). No members of the Board of Trustees received reimbursement of expenses (2019: £Nil).

12. Related party transactions

During the year there were no related party transactions (2019: £Nil)